**Best Days Ministries**

**Mr. Matt and Mrs. Sharon**

**Uncontrolled emotions**

**(Joseph’s PITSTOP)**

**gEN 37:17-36**

### Murder Minded

So Joseph went after his brothers and found them near Dothan.**18**But they saw him in the distance, and before he reached them, they plotted to kill him.

**19**“Here comes that dreamer!” they said to each other.**20**“Come now, let’s kill him and throw him into one of these cisterns and say that a ferocious animal devoured him. Then we’ll see what comes of his dreams.”

**21**When Reuben heard this, he tried to rescue him from their hands. “Let’s not take his life,” he said.**22**“Don’t shed any blood. Throw him into this cistern here in the wilderness, but don’t lay a hand on him.” Reuben said this to rescue him from them and take him back to his father.

**23**So when Joseph came to his brothers, they stripped him of his robe—the ornate robe he was wearing—**24**and they took him and threw him into the cistern. The cistern was empty; there was no water in it.

**A Chance to Change**

**26**Judah said to his brothers, “What will we gain if we kill our brother and cover up his blood?**27**Come, let’s sell him to the Ishmaelites and not lay our hands on him; after all, he is our brother, our own flesh and blood.” His brothers agreed.

**28**So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels[[b](https://www.biblegateway.com/passage/?search=Genesis+37&version=NIV#fen-NIV-1112b)] of silver to the Ishmaelites, who took him to Egypt.

**A Conspiracy Cover-up**

**31**Then they got Joseph’s robe, slaughtered a goat and dipped the robe in the blood.**32**They took the ornate robe back to their father and said, “We found this. Examine it to see whether it is your son’s robe.”

**33**He recognized it and said, “It is my son’s robe! Some ferocious animal has devoured him. Joseph has surely been torn to pieces.”

**Questions**

1. **What did Joseph’s brothers plot to do when they saw him coming?**
2. **Which brother tried to control his emotion after they put Joseph in the pit?**

**3. What did Joseph's brothers do to him in the end?**

1. Kill him.
2. Beat him up and leave him to die in the

 wilderness.

1. Give him money and persuade him to leave home
2. Throw him in a pit and then sell him to

 strangers

**4. What did Jacob think had happened to Joseph?**

1. Strangers stole him away
2. He had run away
3. An evil beast devoured him
4. His brothers had killed him

**Discussion**

1. Did the brothers do the right thing when they pulled him from the pit?
2. Have you ever done the wrong thing because you did not control your emotions?
3. What can we do to keep our emotions in check?
4. Can we pray for self control?

**Self control scriptures**

**Matt:5 38**[Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth:](https://www.kingjamesbibleonline.org/Matthew-5-38/)39[But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also.](https://www.kingjamesbibleonline.org/Matthew-5-39/)

**James 1:13**When tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone;**14**but each person is tempted when they are dragged away by their own evil desire and enticed.**15**Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

**Next week**

**36**Meanwhile, the Midianites[[c](https://www.biblegateway.com/passage/?search=Genesis+37&version=NIV#fen-NIV-1120c)] sold Joseph in Egypt to Potiphar, one of Pharaoh’s officials, the captain of the guard.

**To Be Continued…**